



CRISIS INTERVENTION RESPONSE CHART



National Crisis Lifeline
(Call/ Text)
1-800-273-TALK (8255)

Ask IS PATH WARM?
*Refer to list of indicators below. If even **one** risk factor is present, move to the CARE process

YES

YES

NO

CARE: NON DUTY STATUS

Maintain/ or get in direct contact with Service Member (SM) by phone/in-person



Are they a harm to self or others, unable to participate in intervention?



Is there a plan? If so, secure lethal means.



ESCORT to ER/ Crisis Center, call 911 or

National Crisis Lifeline (Call/ Text)

1-800-273-TALK (8255)



Inform Director of Psychological Health (DPH) of SM status

CARE: DUTY STATUS

DO NOT Leave Service Member (SM) Alone!



Are they a harm to self or others, unable to participate in intervention?



Is there a plan? If so, secure lethal means



Contact the DPH/ BHO/ Chaplain for further assessment



If determined an urgent crisis, the unit will **ESCORT** to ER/ MTF or VA



Escort will stay with SM and provide information to triage team regarding risk



Obtain status of SM and provide update to DPH/ BHO/ Chaplain

If there is NOT a Behavioral Health Crisis, but there IS a reason for concern



CARE: NON DUTY/ DUTY STATUS

For a complete directory of resources
Joint Operations Center (JOC)

Phone: 208-272-5755

Chaplain Corps: 208-272-4311

Army: 208-272-6468

Air: 208-608-4825

Director Psychological Health (DPH)

Army: 208-272-3786

Air: 208-422-5313

For finance, childcare, or any marital/ family needs call Service Member & Family Support:

800-479-7006

* **Ask: IS PATH WARM**

Imminent Risk Factors of Suicide

IDEATION: Do they show active ideation/ intentions to kill oneself?

SUBSTANCE ABUSE: Do they excessively use alcohol or drugs?

PURPOSELESSNESS: Do they voice a lack of purpose in life? No sense or reason for continued living?

ANGER: Do they express feelings of rage, uncontrolled anger, seek revenge?

TRAPPED: Do they feel there is no way out of their situation? Belief no other choices exist?

HOPELESSNESS: Negative sense of self, others, having financial challenges?

WITHDRAWING: Do they indicate desire to withdraw from family, friends, society?

ANXIETY: Feeling anxious, agitated, unable to sleep or relax?

RECKLESSNESS: Acting recklessly, engaging in risky activity without considering consequences?

MOOD CHANGE: Do they report dramatic mood shifts or states?



For a list of Crisis Centers and additional resources, scan here

ACE
ASK. CARE. ESCORT.

#BeThere