



CRISIS HELP



In the event of a critical emergency, **call 911**

If you or someone you know needs help, call/text:

Idaho National Guard Crisis Lifeline

Call: 208-272-TALK (8255)

Director of Psychological Health (Army): 208-272-3786

Director of Psychological Health (Air): 208-422-5313

Chaplain: 208-272-4311

Sexual Assault 24/7 Help Line: 208-447-6166

Don't see a resource here that you need?

1-800-479-7006

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