Programs for **Families of the Fallen**



Formed in the aftermath of Tuesday, September 11, 2001, Tuesday's Children is a response and recovery organization that supports youth, families, and communities impacted by terrorism and traumatic loss.

HOW FAMILIES OF THE FALLEN CAN GET INVOLVED WITH TUESDAY'S CHILDREN:

Project Heart To Heart

A three-day program to grow, heal, and make lifelong friendships with fellow military widows and widows from September 11, 2001. Participants discover how to empower, strengthen, and uncover hope for the future.

Life Management Programs

Offerings include life management skill-building programs, such as financial planning, career counseling and job search guidance. Our renowned Creative Insight program develops personal and interpersonal skills for challenging life situations, encourages creative problem solving and enhances communication skills. Parenting programs address the parent-child relationship, as well as the unique needs of a single parent caring for young children and adolescents.

Career Resource Center

Addressing the unique challenges families face at every stage of their lives, Tuesday's Children provides educational and career guidance for teens and preteens, college-age adults, as well as adults looking for a career transition. Our Career Resource Center provides workshops, seminars and career-building opportunities to assist through various stages of career development.

Family Engagement

We hold family engagement events in various locations to enhance resilience by building relationships among families. These events create positive new traditions, and introduce Tuesday's Children's programming.

Take Our Children To Work Day

Tuesday's Children conducts its annual Take Our Children to Work Day in April and Shadow Days year-round for children ages 8-18, offering a close up look at organizations and careers of interest and helping them to visualize their future. Programs are in New York, Jacksonville and Boston.

Project COMMON BOND

Project COMMON BOND is a summer symposium that brings together young adults, ages 15-21, from around the world who share a 'common bond' — the loss of a family member due to an act of terrorism, violent extremism or war. Participants engage in a dialogue of healing and community building, collaborate to promote the dignity of all, and learn conflict negotiation and peace-building skills, all to create positive change in their lives and communities. Additionally, Project COMMON BOND holds follow up sessions, focusing on conflict negotiation for alumni of the summer symposium.

Please contact Liz Zirkle, Liz@tuesdayschildren.org for more information.

"Sometimes we don't laugh because we think we need to act a certain way. You're supposed to act like a widow. The label is on — 'You're a widow' — so, that means you're not supposed to be smiling, [but] it's OK to laugh, it's OK to cry, it's OK to move on, and it's OK to live, because we're still left here on this earth to live. And that's what we need to do."

– Project Heart to Heart Participant Dana, Military Widow